

Momentum 2005: Moving in the Right Direction

Nova Scotia Primary Health Care Conference

October 26 – 28, 2005

World Trade & Convention Centre
Halifax, Nova Scotia

Conference Program

Conference Sponsors



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This conference has been made possible through funding from
Health Canada's Primary Health Care Tools for Transition

Message from Planning Committee

We are pleased to invite you to attend **Momentum 2005 Moving in the Right Direction**, our provincial primary health care conference. We have developed a conference program that will provide you with practical information and tools that you can take back and use in your work. You will hear about and learn from the international U.K. based, *Tipping the Balance towards Primary Health Care*, national primary health care initiatives, work that is happening here in Nova Scotia and share the stories and learnings of primary health care teams working across the province. And of course there will be ample opportunities to network with colleagues and friends!

Our conference outcomes include:

- A unique opportunity to bring a broad group of stakeholders together to profile successes while sharing experiences and lessons learned through primary health care renewal activity in Nova Scotia and across Canada; and provide a forum to discuss barriers that may be slowing the advancement of primary health care renewal in certain activity areas, and strategies to facilitate further advancement;
- Primary health care provider workshops, such as the Building a Better Tomorrow education modules, to enhance collaborative practice team development and will provide a direct contribution to primary health care reform efforts;
- A forum to discuss interest and opportunities in establishing a Canadian network for shared communication, knowledge, experience and research;
- Primary health care providers, planners and administrators benefiting from learning about the National Initiatives and be better positioned to adapt these tools and recommendations to local and/or regional settings; and
- A renewed commitment to sustained efforts to continue to evolve primary health care in Nova Scotia and nationwide.

We look forward to seeing you October 26, 27, and 28th at the World Trade and Convention Centre in Halifax.

Warm Regards,

Primary Health Care Conference
Planning Committee

Who Should Attend:

We've designed our conference with a number of stakeholders in mind. Please consider joining us if you work/volunteer with:

- District Health Authorities/ Regional Health Boards;
- Primary Health Care providers: family physicians, nurses, nurse practitioners, social workers, pharmacists, dieticians, health educators, etc.,
- First Nations Communities;
- Provincial/Territorial Ministries of Health - particularly Primary Health Care Divisions;
- Health Canada -Health Policy Branch, First Nations and Inuit Health Branch;
- Primary Health Care Contributors: volunteers, family caregivers, etc.;
- Community Health Boards;
- Professional organizations;
- Community-based organizations; and
- Students enrolled in health related professions.

Important Dates to Remember

- Registration Deadline: October 12th
- Hotel Reservation Deadline: September 25/26 – see page 9 of the program

For More Information, Contact

Jean Robinson-Dexter
Horizons Community Development Associates
902-354-2397
jean@horizonscda.ca

Wednesday, October 26th

7 – 8:15 am **Breakfast**

8 am – 10:30 am **Registration**

8:30 am – 4:30 pm **Pre-Conference Full Day Workshops**

(Lunch included)

Building a Better Tomorrow Initiative Modules

Space is limited for these workshops. On your registration form, please indicate your workshop preference (first, second, and third choice). Every effort will be made to place you in your first or second choice.

Understanding Primary Health Care

This module is intended to raise awareness around the history, evolution, definitions and concepts related to primary health care. The workshop will include topics such as: primary health care terminology and links to population health, health promotion and the determinants of health.

Conflict Resolution

This workshop will raise participants' awareness of the nature of conflict and methods of constructively responding to interpersonal conflict. Topics will include the nature and dynamics of conflict, distinction between constructive and destructive conflict, understanding the conflict cycle, identifying positions versus interests, communication techniques to support conflict resolution.

Building Community Relationships

Intended to support primary health care providers as they reflect on their current community relationships and enhance their skills, knowledge and confidence to build new partnerships. Content includes topics such as: identifying new sources of community supports and resources, referral practices, nature and levels of partnerships, exploring new partners and strategies for initiating them, critical factors for a successful partnership and assessing partnership effectiveness.

4 pm – 6 pm **Registration**

What is Building a Better Tomorrow (BBTI)?

Building a Better Tomorrow Initiative (BBTI) is a Primary Health Care Renewal initiative within the Nova Scotia Department of Health. Working with the four Atlantic Provinces, it will provide continuing education and training for primary health care teams. This initiative is funded through Health Canada's Primary Health Care Transition Fund. A variety of continuing education modules have been designed to support the growth of new models of primary health care. Three of these one-day sessions are being offered during the pre-conference workshop.

Thursday, October 27

7 – 8:15 am

Breakfast

7:30 am – 12 pm

Registration

8:30 am

Welcome & Opening Remarks – Honourable Angus MacIsaac, NS Minister of Health and Health Canada Representative

9:00 – 10:15 am

Opening Plenary - *Moving in the Right Direction*

Join us for the official opening of the Nova Scotia Primary Health Care Conference and our keynote speaker, Michael M. Rachlis MD MSc FRCPC.



Dr. Michael Rachlis

Dr. Michael Rachlis was born in Winnipeg, Manitoba and graduated from the University of Manitoba medical school in 1975. He interned at McMaster University and then practiced family medicine from 1976 to 1984 at the South Riverdale Community Health Centre in Toronto. He completed a residency in Community Medicine at McMaster University from 1984 to 1988.

Dr. Rachlis currently practices as a private consultant in health policy analysis. He has consulted to the federal government, all ten provincial governments, and two royal commissions. He also holds an associate professor appointment (part-time) with the Department of Health Policy, Management, and Evaluation, University of Toronto.

Dr. Rachlis has lectured widely on health care issues and has been invited to make presentations to committees of the Canadian House of Commons and Senate and the United States House of Representatives and Senate. He is a frequent media commentator on health policy issues and the co-author, with Carol Kushner, of two national bestsellers about Canada's health care system. HarperCollins published his third book, *Prescription for Excellence: How Innovation is Saving Canada's Health Care System* in February 2004. Dr. Rachlis lives in Toronto with his wife and two children.

10:15 – 10:30 am

Break

10:30 – 11:45 am

Concurrent Sessions

A The National Home Care & Primary Health Care Partnership

Marg McAllister, Project Manager, National Home Care and Primary Health Care Partnership Project

Learn about the National Home Care and Primary Health Care Partnership Project, a Canadian Home Care Association (CHCA) initiative, funded by Health Canada's Primary Health Care Transition Fund (PHCTF). This session will focus on the tools and strategies designed to enhance collaboration between primary health care providers through improved home care case management practices for patients with chronic diseases.

B Communicating the Primary Health Care Message

Karen Gibbons, Project Lead, National Primary Health Care Awareness Strategy; Tina Thibeau, Communications Advisor, PHC, NS Dept. of Health, DHA representatives

This session will focus on the work happening nationally, provincially and within District Health Authorities in the area of awareness and communication. Participants will learn about the strategies and tools that have, and are, being developed to increase awareness of primary health care.

C Diversity & Social Inclusion

Sharon Davis Murdoch, Senior Policy Analyst, NS Dept. of Health

Among the many factors integral to the success of any initiative, the Department of Health has set two as 'definites' on its priority list: diversity and social inclusion. This session will provide an overview of how to work toward diversity and social inclusion, and will highlight how these two issues are being addressed within the province. Learn about the newly released *A Cultural Competence Guide for Primary Health Care Professionals in Nova Scotia*, which includes tools and resources to assist primary health care professionals in providing culturally competent health care.

D Primary Health Care Information Management Program (PHIM)

Lisa Napier, NS Dept of Health, Physician representative

Learn about the Dept. of Health's Information Management Program and experience a demonstration of the new electronic patient records software. Hear about the experience of one physician with the software.

11:45 am – 12:45 pm Buffet Luncheon

12:45 – 1:45 pm Plenary – *Enhancing Interdisciplinary Collaboration in PHC (EICP)*

Dr. Glen Roberts, Conference Board of Canada

The EICP Initiative is a Health Canada's Primary Health Care Transition Fund project sponsored. Its purpose is to engage primary health care providers, governments and Canadians in a national effort to create a framework for change and innovation in primary health care and produce the best health outcomes for patients and for providers. In this plenary session you will learn about the principles, framework and blueprint for collaboration.

1:45 – 3 pm Concurrent Sessions

A Interprofessional Education - New Opportunities for Nova Scotia Providers

Joan Sargeant, Dalhousie University, Office of Continuing Medical Education, Gerard Murphy, NS Dept. of Health

This session will highlight various interprofessional education initiatives currently unfolding in NS for Primary Health Care workers. It will explore both opportunities in continuing education and pre-licensure education.

B The Well Being of Atlantic Canada Immigrants

Dr. Swarna Weerasinghe, Atlantic Metropolis

This session will examine the work being done in the area of the health and well being of immigrants to Atlantic Canada and training for health professionals in the area of cultural competency.

C e-Therapeutics Drug Therapy Management

Janet Cooper, Senior Director of Professional Affairs, Canadian Pharmacists Association

e-Therapeutics is an integrated set of clinical decision support tools for Canadian primary health care practitioners. Learn how it allows for point-of-care access to current, evidence-based Canadian drug and therapeutic information via an Internet portal and handheld applications designed to improve safety and outcomes from drug therapy. E-therapeutics is a Health Canada Primary Health Care Transition Fund project.

D Chronic Disease Prevention & Management

Representatives of Nova Scotia Health Promotion, NS Dept. of Health and District Health Authorities

This session will highlight the work currently happening in Nova Scotia in chronic disease prevention and management from a provincial and regional perspective.

3 – 3:15 pm

BREAK

3:15 – 4:30 pm

Concurrent Sessions

A Primary Health Care and Health Economics

Dr. Chris Buttanshaw, Chief Executive of North Staffordshire Combined Healthcare NHS Trust, UK

This session will highlight the health economics aspects of primary health care. Because of the nature of primary health care, its interventions are often diffuse and difficult to evaluate with the empirical quantitative methods which are frequently used in health economics. Primary health care has much to offer in terms of cost effective interventions, but there are many factors that can prevent these services having an appropriate priority. The issue of obtaining hard evidence and developing evidence-based initiatives will also be discussed.

B Tui'kn Initiative/Aboriginal Health Blueprint

Representatives of the Tui'kin and Aboriginal Health initiatives

Learn about these two primary health initiatives and their impact on aboriginal health. The Tui'kn Initiative is a partnership of the five First Nations communities in Cape Breton, the NS Department of Health, the Guysborough Antigonish Strait Health Authority, the Cape Breton District Health Authority, the First Nations and Inuit Health Branch of Health Canada and Dalhousie University. The Aboriginal Health Blueprint focus is to achieve the quality of life and improved health status for Aboriginal peoples equal to other Canadians working in partnership and meaningful collaboration.

C Youth Health Centres

Heather Christian, Population Health, NS Dept. of Health

This session will provide an overview of work happening provincially in the area of youth sexual health, including the new guidelines and standards for youth health centres and highlight work happening in District Health Authorities across Nova Scotia.

D Atlantic Self Care/Telecare

Merv Ungurain, NS Dept. of Health

This session will offer an update on self care and telecare with an emphasis on work going on in Atlantic Canada.

Evening

Halifax has much to offer...great dining, theatre, and shopping. Enjoy an evening on the town!

Friday, October 28

8:00 – 10:30 am

Registration

7 – 8:15 am

Breakfast

8:30 – 9:30 am

Opening Plenary – *Tipping The Balance towards Primary Health Care*

Dr. Chris Buttanshaw, Network Co-ordinator for the Tipping the Balance towards Primary Health Care (TTB), UK



Dr. Chris Buttanshaw

Chris Buttanshaw is the Network Co-ordinator for the Tipping the Balance towards Primary Health Care (TTB), a European network of districts working to implement primary care values in district health and social care systems. His base job is as Chief Executive of North Staffordshire Combined Healthcare NHS Trust, a provider of services in mental health, learning disabilities, and older people's care.

He was born in Dublin, and trained in medicine at Trinity College Dublin, qualifying in 1980. He worked in various hospitals in Dublin, mainly with children, before entering specialist training in public health medicine. He moved to Swansea in 1991 as a Consultant in Public Health Medicine, and in 1995 to North Staffordshire.

Chris's work and interests are based on the fundamental values expressed in the World Health Organization's Declaration of Alma Ata, and in particular an understanding that health and social services could achieve so much more for local communities if these values were actually lived.

9:30 – 10:45 am

Concurrent Sessions

A Improving Access to Primary Health Care for the Rainbow Community

Dawn Archambault, Halifax Rainbow Health Project

The Canadian Rainbow Health Coalition's Primary Health Care Initiative - *Rainbow Health: Improving Access to Care* is designed to address access to care issues for gay, lesbian, bisexual and transgendered (GLBT) people, through partnership building to address barriers to service and promote GLBT health and wellness, and building capacity of health care providers and the GLBT community. Learn about the work of the national initiative, as well as the work happening in Nova Scotia.

B Multidisciplinary Collaborative Maternity Care Project (MCP²)

Margo MacNamee, Project Manager, Society of Obstetricians and Gynecologists

Health Canada funded the Multidisciplinary Collaborative Primary Maternity Care Project through the Primary Health Care Transition Funds Program to address concern for the sustainability of the current model of primary maternity care. This session will examine models of collaborative practice, the benefits of collaboration and share the framework and support tools that practices will need.

C Primary Health Care Evaluation

Melissa Williment, Evaluation Coordinator, Dept. of Health, Merv Ungurain, Dept. of Health

This session will provide an overview of the national framework for the evaluation of primary health care, an update on the work happening in Nova Scotia and share the learnings and challenges of evaluation.

10:45 – 11 am

Break

**11:00 am –
12:15 pm**

Concurrent Sessions

A Canadian Collaborative Mental Health Initiative

Maureen Desmarais, Coordinator

This session provide an overview of the work of this national initiative. The project's purpose has been to examine options to improve collaboration between professionals on the front line of health care delivery and others who specialize in providing mental health services. The goal is to put the patient front and centre, and to create the conditions for a variety of health care professionals to work together effectively.

Space between sessions

B The Canadian Nurse Practitioner Initiative

Marion Knock, Project Coordinator

This session will provide an overview of this nationally funded initiative and share tools, strategies and resources that have been developed through its work. The initiative's focus is to develop a pan Canadian framework for the sustained integration of nurse practitioners in primary health care. Its work included recommendations for a pan Canadian definition of the NP role and an exam, guidelines for collaborative practice, frameworks for education, legislation and regulation, and strategies for overcoming barriers to optimal integration of NPs in the health system.

C Nova Scotia's Aging Population

NS Seniors Secretariat Representative

Each month, 700 Nova Scotians turn 65. Seniors now number approximately 131,000 and expected to nearly double by 2026 – our province is undergoing a demographic shift that will have a far-reaching impact on every facet of our society. In this session, learn about the provincial Strategy for Positive Aging.

12:15 – 1:15 pm

LUNCHEON

1:15 – 2:30 pm

Plenary – ***Taking It Home & Conference Wrap-Up***

Bill Carr is a humourist and an award-winning writer, stage actor and journalist. Born in Liverpool, Nova Scotia he travels throughout North America and is famous with convention audiences for his offbeat characters and custom-tailored performances. Bill's insightful perspective on the world takes aim at politics, people, business, sport and systems, as well as the mundane absurdities of life that often go unnoticed. He leaves nothing unscathed and prides himself on being a slave to all, but mastered by none.



Bill Carr

Conference Accommodation Information

Conference delegates are responsible for booking their own accommodations. The Conference Planning Committee has negotiated room rates with the following hotels in the vicinity of the World Trade & Convention Centre. Please note the reservation deadlines for each hotel to ensure you receive the conference pricing. Make sure you indicate you are attending the **Nova Scotia Primary Health Care Conference**.

- Residence Inn Halifax
1599 Grafton St.
902-422-0493
\$149.00/night - single/double occupancy, breakfast included
Room rate deadline: **September 25**

- Four Points by Sheraton Halifax
1496 Hollis St.
902-423-4444
\$149.00/night - single/double occupancy
Room rate deadline: **September 25**

- Delta Barrington
1875 Barrington St.
902-492-6471/888-423-3582
\$161.00/night - single/double occupancy
Room rate deadline: September 26

- Delta Halifax
1990 Barrington St.
902-425-6700/888-423-3582
\$161.00/night - single/double occupancy
Room rate deadline: September 26

- Cambridge Suites
1583 Brunswick St.
902-420-0555/1-800-565-1263
\$169.00/night - single/double occupancy, breakfast included
Room rate deadline: September 26

- Prince George Hotel
1725 Market St.
902-425-1986
\$179.00/night – single/double occupancy
Room rate deadline: September 26

Note that room rates are subject to HST and 1.5% HRM Marketing Levy. Parking is also extra.